

# Exrx.net Close Grip Bench Press

in either case, many of the clinical effects of diabetes stem from the deleterious effects of high blood sugar.

[www.exrx.net/calculators/onerepmax.html](http://www.exrx.net/calculators/onerepmax.html)

[exrx.net dumbbell lateral raise](#)

[www.exrx.net](http://www.exrx.net)

your write up is a good example of it.

[exrx.net close grip bench press](#)

[exrx.net split squat](#)

[exrx.net bulgarian split squat](#)

[www.exrx.net/calculators/rockport.html](http://www.exrx.net/calculators/rockport.html)