## **Redefine Nutrition Stimul8**

former, then perhaps abstinence leads to reabsorption of these fluids, an increase in ngf, and the benefits redefine nutrition stimul8

rdquo; andrews salts (available from pharmacies) is a magnesium form of laxative which works in the same way, rsquo; says dr peter fairclough, a consultant gastroenterologist at the london clinic redefine nutrition stimul8 review